

# A Collaborative Study of Teacher Trainee's Emotional Intelligence and Adjustment Equivalence - Therapeutic Study

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**Abstract:** Collaborative study of teacher trainee's emotional intelligence and adjustment equivalence is very important for the teacher trainee.

**Keywords:** Collaborative study, intelligence, adjustment

## 1. Introduction

The quality of education in any country cannot be more than the quality of teachers. So if the intellectual and mental quality is to be seen in the students, then the teacher must first be enriched. It is very important for the teacher trainee in the faculty college to be emotionally intelligent and adjustable in order to be self - sufficient. Teachers with emotional intelligence have the same qualities as trainees. Such a trainee is fully aware of what emotions he is experiencing at a particular time and for what reason. Such teachers are trainees, humorous and playful. Teacher trainees with emotional intelligence have a love for society. He has social respect. According to him, we are born into a society. He has social respect. According to him, we are born into a society. We grow in society and so do our corpses knowing their problems can overcome. Trainees with emotional intelligence develop a desire to develop, fulfill passion and motivation. The personality of a trainee with emotional intelligence is the family environment, the rites that take place from it, his incarnations, his preferences, woolly tastes, his thoughts, identities, his behavior. Teacher trainees with emotional intelligence develop a passionate desire to develop and fulfill their motivation. The most important quality of a teacher trainee with emotional intelligence is that he can control his own emotions. A teacher trainee with emotional intelligence is self - aware. He has his own feelings, tastes, Strengths are aware of this. Teacher trainees with emotional intelligence are optimistic. Leading qualities are found in them. Thus the teacher trainee with emotional intelligence. Angi finds various qualities. At the same time, teachers with adjustable abilities are able to communicate with the trainee self and the situation. As the situation changes, so do the palms. A teacher - trainee with adjustment ability understands the inadequacies of his personality and succeeds in the right way by trying over and over again. Teacher trainees with adjustable abilities have a sense of cooperation. Always cooperating with others with a positive attitude. You cultivate social values by respecting society. Also a teacher with adjustment ability is a trainee problem solver. The right decision will be made after considering the problem.

Teacher College trainees are at a critical juncture in his academic career. At such times, a teacher who is rich in emotional intelligence and adjustment ability can be a lifeline for future students. In such a case, the teacher trainee

should be rich in emotional intelligence and adjustment ability.

### 1.1 Statement of research problem

"Correlational study of emotional intelligence and adjustment equality of teacher training."

### 1.2 Objectives of the research

- To find out the level of emotional intelligence and adjustment ability of the teacher trainee (Arts, Commerce and Science) in the teaching college.
- Correlated study of the emotional intelligence and adjustment ability of the teacher trainee (Arts, Commerce and Science branch) in the teaching college.

### 1.3 Assumptions of research

- Emotional intelligence level of teacher trainees coming from Arts, Commerce and Science branches of Teachers College is different.
- Adjustment level of teachers coming from Arts, Commerce and Science branches of Teachers College is different.

### 1.4 The concept of research

- There is a significant difference in the level of emotional intelligence of the teacher trainee in the arts and the teacher trainee in the commerce.
- There is a significant difference in the emotional intelligence of the teacher trainees in the commerce branch and the trainee teachers in the science branch.
- There is a significant difference in the level of emotional intelligence of science trainees and art trainees.
- There is a significant difference in the adjustment capacity of the teacher trainees in the arts and the trainees in the commerce.
- There is a significant difference in the adjustment ability of the trainee teacher and the trainee in the science branch.
- There is a positive correlation in the adjustment capacity of science teacher trainees and arts trainees.
- Admitted teacher in Arts, Commerce and Science has a positive correlation in the emotional intelligence and adjustment ability of the trainee.

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### 1.5 Scope and Limitations of Research

The research presented was related to the teacher trainee in the teacher college in Wardha district.

The research presented was a measurement and correlational study of the emotional intelligence and adjustment ability of the teacher trainees in the teaching college.

The presented research was limited to the teacher trainees in Wardha district.

### 1.6 Functional Interpretation of Research: -

#### a) Emotional Intelligence

The qualification required to identify one's own and others' feelings in order to motivate oneself to burn the emotional relationship between oneself and others. It is emotional intelligence. Emotional intelligence is measured by an emotional calculator.

#### b) Adjustment ability

Adjustment is ability to adapt to the situation.

#### c) Teacher Trainee

Learning - An important nucleus in the bi - centric process (teaching) The learning experience required for the other center (student) behavior change is discovered through empathy and idealization and the necessary action skills are developed and used for it.

### 1.7 Research Process

After selecting the research problem, the researcher has adopted the survey method to study the presented problem and to collect the necessary information.

- a) **Population:** - In the present research, teacher trainees of Arts, Commerce and Science branches of Teachers College, Wardha district have been included as population.
- b) **Judgment:** In the present research, the sample was selected on purpose. In this, 90 trainees were trained from the teachers trainees of Arts College of Arts (Commerce, Science and Science) in Wardha district.

### 1.8 Fact/ Collection Tools

Emotional Intelligence Scale (EIS): English Version (2002) and Teacher Adjustment Inventory for Students: Hindi Version was used to collect factual psychological tests.

### 1.9 Statistical methods for the given analysis

In the present research, verification of hypotheses using statistical techniques like Mean, Mean Deviation, Standard Deviation, 't' value, Correlation for classification, segregation and interpretation of the given research came.

### Key Findings of Research

The main findings of the present research study are as follows.

- 1) While researching the emotional intelligence and integration of the trainees admitted in Arts, Commerce and Science, it was observed that the level of emotional intelligence and adjustment of the trainees was found to be high. The trainee's level of emotional intelligence and adjustment ability was found to be moderate.
- 2) While researching the emotional intelligence and adjustment ability of the trainee teachers admitted in Arts, Commerce and Science, it was observed that the level of emotional intelligence and adjustment ability of the trainee teachers admitted in the science branch is low.
- 3) Positive correlation was found in the emotional intelligence and adjustment ability of the trainees admitted in Arts, Commerce and Science.

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